

Course Tutor



Jay Ford is Director of EDIFY Counselling & Training in Kent and has been counselling since 2000. She has a Diploma in Integrative Counselling and in Supervision and works with individuals, couples and children. As well as teaching on the Supervision Diploma, Jay is a tutor for the Levels 2, 3 and 4 Counselling Diploma.



Pauline Andrew is Managing Director of Barnabas Counselling Training. She has an MA in Counselling & Psychotherapy and a Diploma in Supervision. She teaches the Barnabas Level 4 Diploma in Therapeutic Counselling and is Director of Deep Release, offering a wide range of creative CPD courses face to face and online. Pauline has a passion for working creatively and her colourful Roles cards are widely used in counselling. She is author of the Creative Guide to Working with the Inner Child, and the Creative Guide to Working with Blocked Anger.

Pauline and Jay also teach the Level 5 Intermediate Diploma in Counselling Supervision for Barnabas.

Past students comment:

"I feel touched to have heard so many experiences and to see the impact live that these approaches have." (D)

"A great course to have completed, with a good mix of theory and practical. It has had a positive impact on my counselling practice." (M)

"Overall this course has been inspiring, enabling, challenging and restorative." (W)

To apply for this course, please contact:

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Barnabas Counselling Training

L5 Certificate in Integrating Creative Interventions for Counsellors

Sittingbourne, Kent

May – November 2022



"Really enjoyable, I'm so glad I did it. I've learned a lot and it has set me up very well to continue to develop and use creative skills in my counselling work." (2019 student)

L5 Certificate in Integrating Creative Interventions

This course is designed for counsellors who have achieved a Level 4 Diploma or higher qualification in counselling. No previous experience of creative work is necessary to join the course. Participants must be seeing clients and receiving regular supervision. While ideally participants will be in therapy, this is not mandatory. It is important to note that the course material and exercises may raise challenging issues and it may be wise to have therapy in place.

Course Venue

The course will be held at EDIFY Counselling and Training, Grid House, Crown Quay Lane, Sittingbourne, ME10 3HZ .

Session Dates

Module 1:	13-14 May 2022
Module 2:	17-18 June 2022
Module 3:	15-16 July 2022
Module 4:	16-17 September 2022
Module 5:	14-15 October 2022
Module 6:	19 November 2022

Course Hours

9.30 am - 5.30 pm; students are required to bring their own lunch. The course consists of 77 guided learning hours. Students are expected to complete a further 75 hours additional learning hours, including reading, study, research and written work.

Course Cost

The course costs £1,750. A non-refundable deposit of £500 is required on booking; the balance may be paid in instalments. Students are committing to meet the cost of the whole course once they have joined on 13th May 2022.

Course Content

Module 1:

Working with pictures; art therapy; guided imagery; ethics and contracts; relational dynamics

Module 2:

Freud, Jung and Perls; unconscious processes; working with fairy tales; case studies and role plays; working with puppets and nesting dolls; creative group supervision

Module 3:

Neuroscience and creativity; working with trauma, abuse and dissociation; sand tray therapy

Module 4:

Live assessments; working with animals and figures; aspects of the self; family and group dynamics; power and conflict

Module 5:

Live assessments; creative group supervision; working with the Roles Played in Families, Core Needs in Families and Roles Played in Anger cards; exploring conflict creatively

Module 6:

Story writing; set pieces; saying goodbye

Course Work

Students must attend 90% of the course hours and will be required to complete:

- learning journal
- choice of essay (3,000 words)
- case study (3,000 words)
- criteria
- live assessment write-up (1,500 words)
- min 12 hours supervised creative client work during the course.