

Does the course include a placement?

Students are required to undertake a counselling placement and to complete 100 hours of formally contracted (1:1) counselling during the two years of the course. Once a student has been offered a place on the course, it is recommended that they look for a placement to begin counselling practice as soon as possible after the course start date. The placement should include supervision by the placement agency.

Does the course require personal therapy?

Students are also required to undertake a minimum of 40 hours personal therapy during the life of the course (to accommodate a range of theoretical approaches). This is discussed in more detail individually at a pre-course interview.

What does it cost?

The course fee for 2022-23 is £3500 per year, payable in monthly instalments with an additional initial deposit of £500 paid in advance of the first year (total fee for 2 years: £7500). Students are also required to be a student member of an accreditation body (eg. ACC, BACP) during the course at their own cost and to cover costs of personal therapy.

Who Accredits the Course?

The course is accredited by the Counselling & Psychotherapy Central Awarding Body (CPCAB). It carries 120 units on the Regulated Qualifications Framework (RQF).

How do I apply for a place?

Contact Julie Allday at the BCT Office for details and an application pack: email jallday@barnabastraining.com

Guernsey Counselling Service (formerly 'Philippi')
tel. 07781 130 523 www.empathy.org.gg email: info@empathy.org.gg
Assoc. of Gsy Charities No: 270
Barnabas Counselling Training Ltd, tel: 01243 543403
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Barnabas Counselling Training

In conjunction with



Level 4 Diploma in Therapeutic Counselling (TC-L4)

January 2022 – December 2023

Les Cotils Guernsey
St Peter Port
Guernsey
GY1 1UU



Who is the course for?

This qualification is for learners who have already completed the Level 2 and Level 3 Certificate courses (or a minimum 150 hours skills and theory training through another training route). Prior training will be assessed at interview. Successful completion of the diploma course will enable students to provide a therapeutic counselling service within an agency setting.

How long is the course?

This is a 420-hour course taught over 2 years. Sessions will be held in 12 weekend modules per year. First year dates are:

14-16 Jan 2022	28-30 Jan	25-27 Feb	25-27 Mar
29 Apr-1 May	27-29 May	17-19 June	15-17 July
2-4 September	7-9 Oct	4-6 Nov	2-4 Dec 2022

Fridays 4.00-8.00pm, Saturdays 9.00am-5.30pm, Sundays 9.00am-5.00pm

Who teaches the course?

The Core Tutors will be Susie Donaldson and Ken Donaldson. All Barnabas trainers are counsellors approved as tutors by CPCAB.

What topics will be covered

Teaching topics include: Person Centred Therapy, Attachment Theory, Spirituality, Transactional Analysis, Gestalt Therapy, Creative Therapy, Mental Health Issues, Trauma and Abuse, Self-Harm and Suicide, Counsellor Self-Care, Body Work, Neuroscience, Sexuality, Integration, Emerging therapies. Further topics are covered through the Research Workshops in terms 4 and 5.

Sessions also explore the therapeutic relationship, the nature of supervision, issues arising from clinical practice, case work, the dynamics of cross-cultural counselling and couples counselling.

How is the course taught?

This is a highly participative, interactive course, which encourages growth, both through self-learning and through taught modules. An emphasis is put on learning from observation and self-reflection on one's own work, learning from one another as well as from material presented by course tutors and outside specialist trainers on a wide variety of subjects relevant to an Integrative Counselling course.

The course is a vehicle for each student's development, with the trainers playing a facilitative role in this process. The aims and objectives of each course component and expected training outcomes are made clear and students are invited to contribute to tailoring the course to meet group needs. Sessions are a mix of teaching, group work, discussion and practical role play exercises.

What work will I have to do?

- Learning journal showing course criteria set by CPCAB
- Initial learning statement
- Essay on CPCAB approach
- 2 Self-reviews (one per year)
- 2 Case studies (one per year)
- 6 observed counselling practice sessions (via audio and one via video) with a reflective essay
- Research Paper and Workshop
- Integrative Assignment

In Year 2 the CPCAB external assessment takes the form of a written Case Review to be completed during a 3-week window on material that has not previously been submitted for internal assessment. Time will be allocated during course sessions to understanding the requirements in preparation for the External Case Review.