

## Course Tutor



**Jay Ford** is an ACC registered and accredited counsellor and experienced Supervisor & Trainer. She has her own Counselling Organisation with a team of Counsellors. Her modality is Integrative, Person- Centred core, using knowledge & skills which she has acquired through learning & teaching. Jay covers a broad range of issues and works with all ages (Children & Adults) and also with Couples & Family Therapy. She teaches all levels of Barnabas courses, 2-4, as well as the Level 5 Creative course.

### Past students comment:

*"I feel touched to have heard so many experiences and to see the impact live that these approaches have." (D)*

*"A great course to have completed, with a good mix of theory and practical. It has had a positive impact on my counselling practice." (M)*

*"Overall this course has been inspiring, enabling, challenging and restorative." (W)*

### To apply for this course, please contact:

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# Barnabas Counselling Training

## L5 Certificate in Integrating Creative Interventions for Counsellors

**Sittingbourne, Kent**

**April – October 2021**



*"Really enjoyable, I'm so glad I did it. I've learned a lot and it has set me up very well to continue to develop and use creative skills in my counselling work." (2019 student)*

## L5 Certificate in Integrating Creative Interventions

This course is designed for counsellors who have achieved a Level 4 Diploma or higher qualification in counselling. No previous experience of creative work is necessary to join the course. Participants must be seeing clients and receiving regular supervision. While ideally participants will be in therapy this is not mandatory. It is important to note that the course material and exercises may raise challenging issues and it may be wise to have therapy in place.

### Course Venue

The course will be held at EDIFY Counselling and Training, Grid House, Crown Quay Lane, Sittingbourne. ME10 3HZ .

### Session Dates

Module 1:	9-10 April 2021
Module 2:	14-15 May 2021
Module 3:	18-19 June 2021
Module 4:	23-24 July 2021
Module 5	10-11 September 2021
Module 6	8 October 2021

### Course Hours

9.30 am - 5.30 pm; students are required to bring their own lunch. The course consists of 77 guided learning hours. Students are expected to complete a further 75 hours additional learning hours, including reading, study, research and written work.

### Course Cost

The course costs £1,750. A non-refundable deposit of £500 is required on booking; the balance may be paid in instalments. Students are committing to meet the cost of the whole course once they have joined on 9<sup>th</sup> April 2021.

## Course Content

### Module 1:

Working with pictures; art therapy; guided imagery; ethics and contracts; relational dynamics

### Module 2:

Freud, Jung and Perls; unconscious processes; working with fairy tales; case studies and role plays; working with puppets and nesting dolls; creative group supervision

### Module 3:

Neuroscience and creativity; working with trauma, abuse and dissociation; sand tray therapy

### Module 4:

Live assessments; working with animals and figures; aspects of the self; family and group dynamics; power and conflict

### Module 5:

Live assessments; creative group supervision; working with the Roles Played in Families, Core Needs in Families and Roles Played in Anger cards; exploring conflict creatively

### Module 6:

Story writing; set pieces; saying goodbye

### Course Work

Students must attend 90% of the course hours and will be required to complete:

- learning journal
- choice of essay (3,000 words)
- case study (3,000 words)
- criteria
- live assessment write-up (1,500 words)
- min 12 hours supervised creative client work during the course.