

What does it cost?

The course fee is £1200 which includes registration fees paid out to CPCAB. A deposit of £300 is required, and BCT allows students to pay the balance in 10 monthly instalments.

Who accredits the course?

The course is accredited by the Counselling & Psychotherapy Central Awarding Body (CPCAB) and carries 20 units on the Regulated Qualifications Framework (RQF).

What further training is available?

Students who successfully complete the Level 3 Certificate course would be eligible to apply for a Level 4 Diploma in Counselling, 420 hours of training over 2 years.

On successful completion of the Level 4 Diploma a student would have qualified to practise as a counsellor. In due course, with the addition of hours from Levels 2 and 3, they would be eligible to apply for accreditation with ACC and the British Association for Counselling and Psychotherapy (BACP). Further information about CPCAB qualifications can be found on their website www.cpcab.co.uk.

How do I book?

For full details and an application form contact BCT Administrator, Julie Allday jallday@barnabastraining.com.

Philippi Guernsey LBG, tel: 07781 130523

www.philippi.org.gg, email: philippi.g@cwgsy.net

Barnabas Counselling Training Ltd, PO Box 752, Chichester, PO19 9QY

Tel: 01243 543403, Company no: 07374079



Barnabas Counselling Training

In conjunction with



Level 3 Certificate in Counselling Studies (CST-L3)

May 2020 – April 2021

To be held at:
The Institute
Princess Elizabeth Hospital
Rue Mignot
St Martin's
GY4 6UU



Who is the course for?

This qualification is for learners who have acquired some counselling skills and wish to continue their training. Applicants should have completed a Level 2 Certificate in Counselling Skills course (or equivalent course of at least 75 GLH) and be looking to take the next step in their counselling training and to learn more about counselling theory and agency work.

How long is the course?

The 90-hour course will run over 12 sessions, 9.30am-6.00pm, on the following Saturdays:

16th May, 23rd May, 27th June, 18th July

5th September, 10th October, 7th November, 12th December

16th January, 13th February, 13th March, 10th/17th/24th April (date tbc)

Who teaches the course?

The course will be taught by Christine Woodall. Christine is a tutor for Barnabas Counselling Training and has a Diploma in Integrative Counselling. She works as a volunteer counsellor for Philippi Guernsey LBG. All BCT tutors are counsellors approved as tutors by the Counselling and Psychotherapy Central Awarding Body (CPCAB).

What does the course cover?

The course covers the following topics:

- Ethical framework for counselling
- The counselling agency, process and relationship
- Diversity
- Rogers, Freud, CBT, Transactional Analysis
- Christian theories and approaches
- Live counselling skills practice
- Introduction to supervision
- Mental health

How is the Course taught?

The Level 3 course introduces more theory than the Level 2 course and moves from role play counselling scenarios to introduce live skills sessions with peer group supervision. Students continue to practise and hone the skills learnt at Level 2 in an environment of encouragement and support.

The theoretical approach for this course is integrative, built on the Person Centred Core Conditions. This, and all the teaching, is offered from a Christian perspective.

Sessions are a mix of teaching, group work, discussion and practical role play exercises. Each student receives a comprehensive course manual including additional background reading, and there is also a reading list. Help is given as to how to complete the written assignments and meet the course criteria. BCT Tutors endeavour to offer students an appropriate level of guidance and support as they work through the course, in a safe and structured environment.

What work will I have to do?

- Initial Learning Statement
- 1 essay, 2000 words
- 1 book review, 1000 words
- Learning Journal with 26 criteria to be covered
- Case Study
- Self review

An estimated 90 hours of home study are required in addition to the course sessions. Each student completes a formal counselling skills assessment during a session towards the end of the course.

The CPCAB exam will take place in April 2021 during the final session, date to be confirmed by CPCAB. Students have an opportunity to sit a mock assessment as preparation during an earlier course session.